

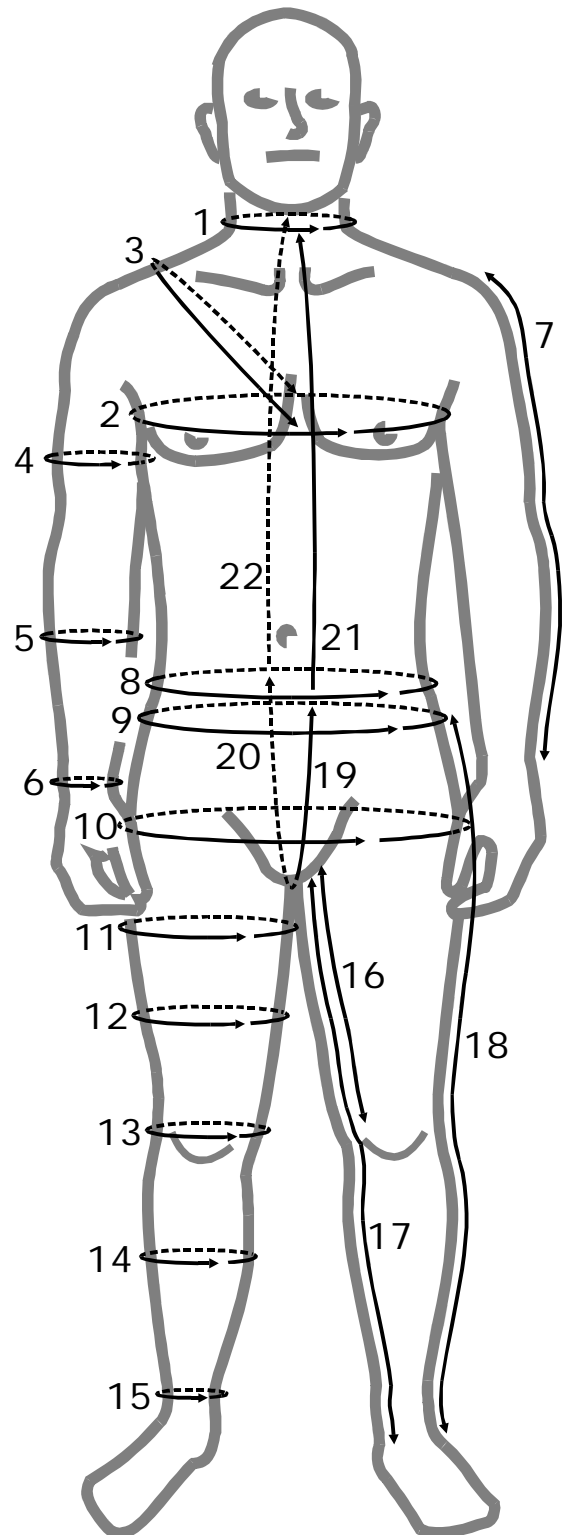
measurement form



NAME	
TELEPHONE	
EMAIL ADDRESS	
DATE	

KEY	MEASUREMENT	CM
H	height	
1	neck	
2	chest	
3	sternum to back*	
4	bicep	
5	forearm	
6	wrist	
7	shoulder to wrist	
8	waist	
9	hips	
10	seat	
11	upper thigh	
12	mid thigh	
13	knee	
14	calf	
15	ankle	
16	crotch to knee	
17	inside leg	
18	outside leg	
19	front rise to jean top**	
20	back rise to jean top**	
21	front rise to neck**	
22	back rise to neck**	

M	mass in kilograms	
C	cup size for women	



* from centre of chest to corresponding point on back
 ** select a well-fitting pair of jeans and measure from the point at which all seams join in the crotch

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